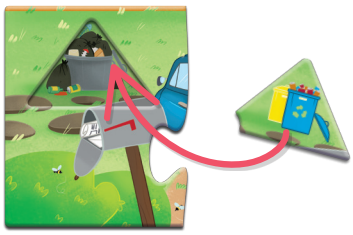
adventerra GAMES

myEcoHouse

Educational Eco Guide

THIS GUIDE WILL HELP YOU TALK TO YOUR CHILD ABOUT HOW THEY CAN HELP THE PLANET!

YARD



DON'T: Throw all trash into the same bin

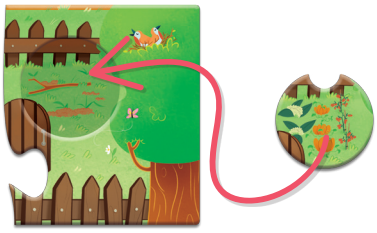
DO: Separate your recyclables

Recycling is a way to turn trash into new products. For example, if we recycle old paper, we don't need to cut down as many trees to make new paper!

DON'T: Use a gas-powered car

DO: Use an electric-powered car

Gas-powered cars burn gasoline, creating smoke that pollutes the air (this means it makes the air dirty, and makes it harder for people to breathe). Electric cars use batteries, so they don't make the air so dirty.

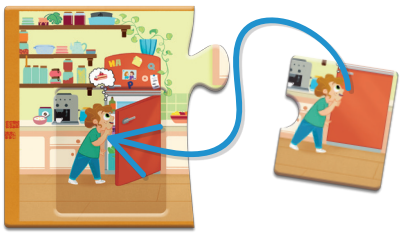


DON'T: Plant only grass in your yard

DO: Plant a garden with vegetables, fruits, wildflowers, or bee-friendly plants.

Gas-powered lawn mowers pollute the air, and chemicals used on lawns can hurt animals and insects. Gardens are good for the environment because they provide healthy food and a safe home to birds, bees, and butterflies!

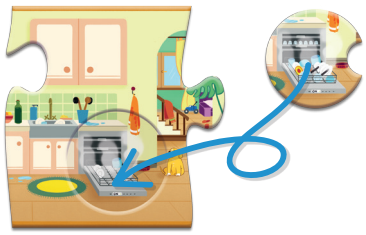
KITCHEN



DON'T: Leave the refrigerator door open while deciding what to eat

DO: Open the refrigerator door after you decide what to eat

Leaving the door open lets warm air into the fridge, and it has to use more energy to keep food cool. Closing the door quickly could save enough energy each year to wash 50 loads of laundry.



DON'T: Run the dishwasher when it has only a few dishes in it

DO: Start the dishwasher only when it's full

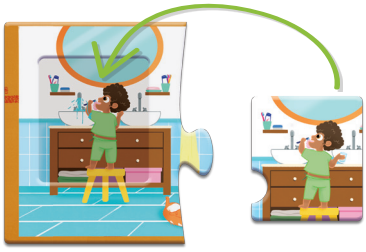
Running your dishwasher uses about 6 gallons of water, and heating that water takes a lot of energy. You can save up to 800 gallons of water a year by waiting to run the dishwasher until it is full. (That's enough water to take a shower every day for a month!)

DON'T: Buy food in plastic packaging

DO: Buy loose fruits and vegetables

Plastic packaging and bags often end up in the ocean, and can hurt fish, birds, and other animals. Buying loose produce is better because you can bring your own baskets or cloth bags, and won't need to throw away any plastic. You'll also waste less food because you can choose the amount you need.

BATHROOM



DON'T: Run the water while brushing your teeth

DO: Use a glass of water while brushing

If you let the faucet run while you brush for 2 minutes, it wastes about 4 gallons of water. That's almost 250 gallons each month! Filling a glass uses just a tiny bit of water.

DON'T: Ignore a leaking pipe

DO: Tell an adult about any leaks

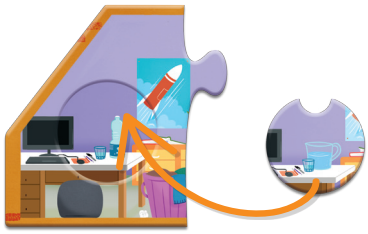
The average home leaks almost 10,000 gallons of water each year, which is enough water to fill a swimming pool. So finding and fixing leaks are important ways to save water!

DON'T: Leave the shower on while soaping up

DO: Turn the shower off while soaping up

You use more than 2 gallons of water each minute that you are in the shower! You'll save a lot of water if you turn on the shower only to get wet, and to rinse off.

BEDROOM



DON'T: Buy plastic bottles of water

DO: Drink tap water

Scientists think that in 30 years, the plastic trash in the ocean will weigh more than all the fish! If you stop using plastic water bottles, you will help keep the ocean clean.

DON'T: Turn on all the lights during the day

DO: Open the curtains to let sunlight in

Making electricity creates a gas called carbon dioxide. Too much carbon dioxide in the air traps heat from the sun and warms the planet, causing fires and bad storms. Use less electricity to keep our world cool.

DON'T: Leave the TV on while sleeping

DO: Turn the TV off when you are not watching it

Turning off the TV will make it last longer, and it will also use less electricity, which puts less carbon dioxide into the air.

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